



**WILDERNESS  
WILD**

Survival School

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**2024**

**Survival 2 Thrival**

**Course Information**

# Course Overview

During this course students will make many of the things they need from natural resources. You'll connect to the past through the skills you learn and get a glimpse of what life was like many centuries ago and gain new appreciation for the things we have.

Students will start their journey by making basic kit items like primitive pack frames, friction fire kits, and cordage.

Throughout the course students will harvest wild resources, learn to make camp, and live out of their primitive style packs.

## **Skills being covered:**

- Primitive Packs
- Friction Fire
- Primitive Cordage
- Primitive Traps & Snares
- Wild Edible & Medicinal Plants
- Hunter Gatherer Skills
- Hunting Tools
- Wilderness Cooking and Food Preservation
- Knots & Lashings
- Tool Maintenance
- Primitive tools and tool kits
- Land Navigation

## **Hiking**

This course is travel based. Students can expect to be hiking from campsite to campsite until we come full circle on the last day. Though we aren't hiking extremely far, students can expect to hike about 1-3 miles in a day.

## **Food**

Students are responsible for their own food. Your food should be simple and be able to fit inside of your primitive blanket pack. We will provide you with ash cake mix, and a few other food items for learning purposes.

Many students bring granola bars, jerky, trail mix and easy items for lunch and snacks. For meals many students carry dehydrated meals. If you catch or kill any animal in a primitive trap **YOU MUST EAT IT**

## **Water**

Water will be gathered from local wild streams, creeks, and reservoirs.

**Students need to bring their own water filter**, or they may buy one from us for \$25. Students should carry 2 water bottles with them for the course. **20 oz or 40 oz Recommended.**

## **Emergencies**

Each instructor will carry a basic med kit for first aid use. Students may bring their own first aid kits as well or use ours if needed. Instructors are WFR certified and are able to act accordingly in emergencies.

Instructors will have a Garmin Mini In Reach on them at all times in case of a severe medical emergency situation.

**Cell service is spotty and in some areas non-existent.**

## **Location 1**

For St George Students, you will be meeting at the [Shivwits Convenience Store](#) (unless location changes) in Ivins UT at 8:00 am to caravan to the course parking site. The caravan will leave at 8:25am. If you miss this window or decide not to meet at the caravan location you will need to meet at the course

parking location no later than 9:30am. The course parking will be shared in a later email once we have scouted our site.

## **Location 2**

For Spanish Fork Students, you will be meeting at the [Parking Area](#) (unless location changes) in Spanish Fork Canyon at 8:00 am to caravan to the course parking site. The caravan will leave at 8:25am. If you miss this window or decide not to meet at the caravan location you will need to meet at the course parking location no later than 9:30am. The course parking will be shared in a later email once we have scouted our site.

## **Gear List (Allowed Items)**

- **50 ft of Tarred bankline**
- **25 ft of 550 para cord**
- **1 fixed blade knife**
- **2 tarps (one poncho tarp & one 6x8 tarp)**
- **1 Wool Blanket (Queen Size or larger)**
- **2 4ftx6ft cotton or wool cloths**
- **2 bandannas**
- **1 ferro rod & lighter for emergencies**
- **1 candle**
- **2 Stainless steel “single wall” water bottles**
- **1 water filter**
- **Food for 4 days**
- **Dry bag or pillow case to carry your food**
- **Headlamp or flashlight**
- **1 compass**
- **Personal medicine & Hygiene**

### **Clothing List (recommended)**

- **2 pairs of hiking rated socks**
- **1 set of thermals**
- **Sherpa lined leather gloves**
- **Closed toe shoes or hiking sandals**
- **Sunglasses**
- **Long sleeve shirt**
- **Wool shirt**
- **Rain jacket or wind layer**

**Each student will receive a small bag with some basic gear that we provide.**

## **Primitive Style Of Packs**

**Your gear will need to be able to fit inside of the pack or tied to the side.**



# Required Forms

Please fill out the forms attached to the email and bring to the course to hand off to instructors.

- Liability Waiver
- Refund Policy
- Privacy Policy
- Health Waiver Liability

## Preparing for the course:

Course Checklist:

- Fill out required forms
- Save course location
- Obtain all gear for the course
- Buy or pack a water filter
- Pack food for 4 days
- Pack first aid kit
- Pack required medications and hygiene
- Join the Course Group Chat (Text S2T GC1 to 385-233-1280 and you'll be added to the group chat)

My contact information:

**Kyle Thomson**

**385-233-1280**

**kyle@wildernesswildsurvivalschool.com**